

"THRIVE FROM HOME" PROGRAM OVERVIEW

With many preschools closed because of the ongoing pandemic, hundreds of thousands of Michigan children don't have access to the vital resources they need to meet important developmental milestones.

That's why early childhood educators from across Michigan this summer created **Thrive from Home**, a new statewide program to help parents and caregivers support their 3- to 5-year-olds with simple athome activities and resources.

Thrive From Home is a first-of-its-kind partnership between <u>Build Up Michigan</u> and PBS Kids that combines educational video programming with at-home activities for preschoolers and caregivers.

The program includes an eight-week series of video lessons which began Aug. 10 and air weekdays statewide during PBS preschooler favorites like "Sesame Street," "Daniel Tiger's Neighborhood" and "Wild Kratts."

All videos – and a wide range of additional skill-building activities – take only a few minutes a day and are available at BuildUpMi.org/Thrive.

Families are encouraged to watch the videos on PBS Kids or Build Up Michigan's website and then practice activities with their preschooler at home using household items. If they notice any developmental delays, they can find additional activities on Build Up's website and contact a local Child Find coordinator to request an evaluation.

Experts say the preschool years are an important time for the intellectual, social, emotional and physical development of children. Intervening as early as possible helps to develop skills to strengthen the child's foundation for future learning.

Children who are not meeting developmental milestones or are struggling to learn may need additional supports through local districts to help them prepare for kindergarten.

Build Up Michigan is a partnership between the Michigan Department of Education and the Office of Special Education. Its mission is to help connect parents with educational support for preschoolers who aren't meeting developmental milestones.